



## 2023-24 GRADE 4-12 SCHOOL PROGRAM: PRICING & INFORMATION

- Print off current copies of Parent/Guardian Legal Consent Form and distribute to students.
- **A signed permission slip for each student must be turned into the rentals front counter staff on your ski day.**  
*Please do not photocopy old sheets that you have saved from previous years as information has changed!*
- Print off copies of Table Mountain Regional Park Lesson Information and distribute to parents.
- Current Signup Sheets and Ski School Group Lesson form must be filled out online on our website [www.tablemountain.ca](http://www.tablemountain.ca) > School Zone

The following rates apply ONLY if we receive your school signup sheet(s) and group lesson form(s) 14 days in advance of your visit. Add 5% GST & 6% PST to ALL prices. Deposit no longer required.

## 2023-24 SCHOOL RATES

	Skis / Snowboards
Lift Ticket	\$12.00 + taxes
Rentals/Helmets	\$12.00 + taxes
Lessons	\$17.00 + taxes
Full Package	\$37.00 + taxes

## DISABLED LESSONS

Ski or sled options  
Must pre-book  
\$40.00 + taxes/hr

## TUBING

Tubing is not available for the 2023-24 season.

## HOURS OF OPERATION

Rentals and Chalet open from 9:00 am - 5:00 pm  
Please stay on busses until 9:00 am  
Lifts run from 10:00 am - 4:30 pm • School Programs 10:00 am - 4:30 pm  
All equipment must be returned by 5:00 pm





## TABLE MOUNTAIN REGIONAL PARK LESSONS

All students are required to take lessons. NO EXCEPTIONS.

There are three levels of skiing and snowboarding lessons that are offered:

### SKIING LEVELS

**RED**

An introduction to skiing, designed for first or second time skiers  
We stay on the Bunny Hill.

**GREEN**

Ski improvement, for skiers that can turn both ways and stop using a snowplow stance. We generally go straight to the top of the chair

**BLUE**

This level is for skiers that can parallel ski and are ready for a new challenge

### SNOWBOARDING LEVELS

**YELLOW**

An introduction to snowboarding designed for first or second time snowboarders.  
We generally stay on the Bunny Hill

**ORANGE**

Rider improvement for snowboarders who are ready to start turning or still have trouble linking turns. We go straight to the top of the hill

**BLACK**

This level is for confident riders who want to improve their skills

- We strongly suggest that students sign up in the lesson of their ability and not that of their friends. Levels should be based on skill not peer pressure
- **Once students have been assigned to a lesson they cannot change lesson or equipment (ex: from snowboarding to skiing)**
- Beginner Skier and Snowboard Lessons (Red & Yellow) take place first things, Intermediate and advanced groups will take place after the beginner lessons have been completed. Please remind your child that they should ride/ski to THEIR ability ONLY!
- Helmets are required for ALL Students & Chaperones in the school program!

PLEASE DETACH & HAVE THE STUDENT BRING WITH THEM INTO THE RENTALS DEPARTMENT



STUDENT NAME: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ HEIGHT: \_\_\_\_\_ SHOE SIZE: \_\_\_\_\_

ABILITY LEVEL (CHECK ONE OFF)

SKIING:  RED  GREEN  BLUE

OR

SNOWBOARDING:  YELLOW  ORANGE  BLACK



## TEACHERS & CHAPERONES CHECKLIST

PLEASE HAVE THIS INFORMATION READY WHEN YOU ARRIVE

- Number of students you brought
- Bring the signed Parent/Guardian Consent Forms
- Number of students with their own equipment/season pass
- Number of adults (supervisors) who need lifts/rentals/lessons
- Bring extra markers for writing equipment numbers on lift passes

Our local health region requests that all schools coming to Table Mountain have the following information for all students (Please have this information available to present to our Ski Patrol if required):

- Proper ID and Health Card number
- Emergency contact phone number

## BRING AN EMERGENCY VEHICLE

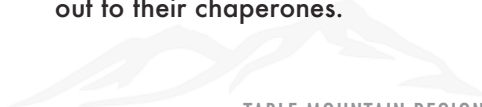
- We **STRONGLY** advise that each school arranges to bring an emergency (private) vehicle, specifically designated for the purpose of transporting students that may become injured to the hospital
- Please have a vehicle and the designated driver available for this purpose if possible

## PLEASE PROVIDE TO TEACHERS AND CHAPERONES

- Teacher in charge to check in at rentals on arrival and provide signed Parent/Guardian Consent forms
- 2 teachers or chaperones to write names on lesson cards in the chalet after orientation
- 2 teachers or chaperones to stand at the rentals exit door to write equipment numbers on the students lift passes. This helps to avoid any mix up on skis/snowboards once outside. Please bring your own markers
- Supervision of the students while at the hill is the responsibility of the school, teachers and chaperones.
- Ensuring that students take their lessons, and assisting them in rentals is also the responsibility of the teachers and chaperones.
- Make sure you have sufficient number of chaperones to supervise the students **BEFORE & AFTER** their lessons.
- Helmets are required for **ALL** students and Chaperones in the school program.

In order to ensure that you have enough help, Table Mountain is happy to provide complimentary lifts and rentals as listed below:

- One complimentary lift ticket and rental is provided for every ten (10) students in attendance.
- Chaperones must be age 18 or older
- School rate applies for chaperones not covered in the complimentary allowance, if they sign up through the school.
- These items will be included on the school invoice. It will be the school's responsibility to pay for all and collect from the teachers & chaperones if required.
- All teacher and chaperone lift tickets will be issued only after the youth have signed up for their lesson times and received their lift tickets. The teacher in charge can pick these up from the front counter in rentals and hand them out to their chaperones.





2023-24 PARENT/GUARDIAN LEGAL CONSENT FORM

PLEASE NOTE: THE SIGNED ORIGINAL MUST BE BROUGHT TO TABLE MOUNTAIN REGIONAL PARK AND GIVEN TO THE RENTALS FRONT COUNTER STAFF ON THE DAY OF YOUR TRIP.

Attention to all schools: All children attending a ski trip to Table Mountain must have the attached form signed by parent/guardian. If you have your own release forms, the following information must be included:

Dear Parent/Guardian,

Thank you for allowing your child to come and enjoy a day at our facility. We would like to bring up a few points to make your child's visit as enjoyable as possible

- 1. Make sure your children are dressed appropriate for outdoor winter activities (ex: warm clothes, mitts, toques, neck warmer, and long johns)
2. You should make sure your child has access to proper nourishment for the day
3. Beginner Skier and Snowboard Lessons (Red & Yellow) take place first things, Intermediate and advanced groups will take place after the beginner lessons have been completed. Please remind your child that they should ride/ski to THEIR ability ONLY!
4. We are open to public on your ski days and ALL ski runs and INCLUDING terrain park & black diamond are open. We Strongly recommend that your child does not ski/ride unless they're chaperoned or are an advanced skier/snowboarder
5. We have at times had problems with theft. We therefore recommend that all valuables be left at home or they should just be secured in lockers in which we have a limited amount available at the cost of one dollar per use. Another option may be to make arrangements with drivers to leave extra items on their buses. Please note: We will not be responsible for missing items
6. We need some information about your child to be able to properly fit their skis or snowboards. Specifically we need to know your child's height, weight, and shoe size.

Please make sure your child brings the bottom portion of the Lesson Information Form with them on their ski day.

Please be aware that the following disclaimer must be read and this form signed and returned to the school as a condition of your child's use of our facilities.

I understand that the binding system cannot guarantee the user's safety. In downhill skiing, the binding system will not release at all time or under all circumstances where release may prevent injury or death, nor is it possible to predict every situation in which it will release. In snowboarding, and other sports utilizing equipment with non-release bindings, the binding system will not ordinarily release during use, these bindings are not designed to release as a result of forces generated during ordinary operation.

I understand that the sports of skiing, snowboarding,, and other sports (collectively "RECREATIONAL SNOW SPORTS") involve inherent and other risks of INJURY and DEATH. I voluntarily agree to expressly assume all risks of injury or death that may result from these RECREATIONAL SNOW SPORTS, or which relate to the use of this equipment.

I understand that a helmet designed for RECREATIONAL SNOW SPORTS use will help reduce the risk of some types of injuries to the user at slower speeds. I recognize that serious injury or death can result from both low and high energy impacts, even when a helmet is worn.

I understand that once my child is assigned a lesson they cannot change it or their equipment (ex: changing from snowboarding to skiing).

IMPORTANT: DO NOT CUT THIS FORM. KEEP ORIGINAL PAPER SIZE INTACT.

I give my child permission to [ ] SKI or [ ] SNOWBOARD at your facilities. Please check one.

PARENT/LEGAL GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ GRADE: \_\_\_\_\_

SCHOOL NAME: \_\_\_\_\_ STUDENT NAME: \_\_\_\_\_

Note: There is no substitute for responsible behavior on the slopes. Follow the "Alpine Responsibility Code".

